

To: CVH Distribution
From: Laurie Wassil, RN, CIC, Infection Control Practitioner
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The following are considered possible blood or body fluid exposures and **must be reported to Infection Control at the time of the exposure** for post exposure follow-up:

- Needlestick
- Human bite
- Cut to skin with broken glass, razor or other contaminated sharp object
- Blood and/or saliva (spit) to eyes, nose or mouth
- Blood to non-intact skin through scratches, cuts, or dermatitis
- Unprotected sexual contact

If you are involved in a possible blood or body fluid exposure:

- Perform **immediate** first aid:
 1. Wash with soap and water
 2. If your eyes, nose or mouth are involved – use a five minute flush of water
 3. Remove any contaminated clothing
- **Contact** your supervisor:
 1. Complete incident report and workman's comp packet to be sent to Employee Clinic
 2. **Notify Infection Control at the time of exposure** by paging through the Hospital Operator
- **Contact Employee Health** to complete your baseline bloodwork within **72 hours** – most exposures can be processed through Employee Clinic **except** in the following situations:

Post exposure prophylaxis may be indicated if source patient is:

 1. HIV positive
 2. Unknown HIV status (or if test results are > one month old) with risk factors present for HIV infection
 3. Unknown source.
- **Immediately report** to Middlesex Outpatient Center (CompCare) 534 Saybrook Rd, Monday through Friday, 8am-4pm or Middlesex Hospital Emergency Room (after hours).

Bites and deep scratches need to be evaluated by CompCare for post exposure antibiotics and /or immunizations.

The OSHA Bloodborne Pathogens Exposure Control Plan is located in the Infection Control Manual which can be found on the T drive under Manuals, on the patient units, and in supervisors' offices. Contact Infection Control with any questions.